

HOW TO ACCESS RESOURCE SUPPORT

After completing the Intake process at Sunbeam Developmental Resource Centre (SDRC), families and caregivers are eligible for ongoing Resource Support.

To connect with the Resource Support Worker, call us at 519-741-1121.

For more information on eligibility for developmental services, please review our Eligibility Criteria available on our website at www.sdrc.ca



INQUIRIES

Please direct inquiries, referrals, and requests for services to:



205 - 1120 Victoria St. N.
Kitchener, Ontario N2B 3T2

Phone: 519-741-1121

Fax: 519-743-4730

Or email us at:

sdrc@sunbeamcommunity.ca

Website: www.sdrc.ca

Satellite Offices

Elmira:	118 Barnswallow Dr. Elmira, ON N3B 2Y9
Kingsway:	2749 Kingsway Dr. Kitchener, ON N2C 1A7
Cambridge:	757 King St. E. Cambridge, ON N3H 3N8



Funded by the Ministry of
Children, Community and Social Services



Resource Support



WHO WE ARE

Sunbeam Developmental Resource Centre (SDRC) serves as the single point of access for clinical services, service coordination, children's residential services and children's respite.

These services are available to children, youth and adults in Waterloo Region who have an intellectual disability and/or autism spectrum disorder.

WHAT IS RESOURCE SUPPORT?

Resource Support is available to families of people under the age of 18 years, who are not connected to Service Coordination.

The Resource Worker can provide fast, short-term support.

Resource Support is provided through telephone contact, email and/or scheduled office appointments.

WHAT RESOURCE SUPPORT CAN OFFER

When a person contacts us for help, the Resource Support Worker can...

- Answer questions and share information about a variety of supports and services including
 - developmental services
 - community services
 - funding options
 - leisure/recreation
- Help with specific problem solving
- Help assess strengths and needs
- Help to identify barriers to accessing services and supports
- Provide short-term emotional support
- Help to make referrals to other organizations/services
- Liaise with other service providers on request

RESOURCE SUPPORT CANNOT HELP WITH...

There are some limits to what we can do through Resource Support. If we are unable to provide the help needed, we will suggest other possible sources of help.

The Resource Worker will not:

- Attend school meetings or medical appointments
- Assist with application forms
- Organize case conferences
- Develop service plans
- Provide ongoing, intensive support
- Act as a case manager
- Provide mediation/group facilitation