

# Discussing Puberty and Sexuality with Your Child

This workshop will address body and behavioural changes that occur during puberty. We will give you resources and strategies to help you guide your child through this next step in their development and give them the knowledge and skills to keep them safe.

Appropriate for:  
Parents and caregivers of children with developmental disabilities

Register Online at  
[www.sdrc.ca/workshops-and-training](http://www.sdrc.ca/workshops-and-training)  
Call: 519-741-1121 ext 2201 or  
email:  
[r.khanam@sunbeamcommunity.ca](mailto:r.khanam@sunbeamcommunity.ca)

**Virtual  
Workshop  
by  
Denise Burke and  
Chloe Riddell**

**TUESDAY JUNE 4, 2024  
1:00 – 2:30 PM**

**Register online before May 31**

