

Sibling Group

- Supportive, fun, and safe space where you can connect with others who understand your experiences
- Facilitated by our Clinical Therapists
- Increase your understanding of autism
- Opportunity to share concerns about the future
- Problem solving and perspective taking
- Learn how to support your sibling and yourself!

FREE group for children 11 and under who have a sibling with autism (registered with **OAP**)

**MORNING AND AFTERNOON
SESSIONS AVAILABLE
(9:00-11:00AM AND 1:00-3:00PM)**

**THURSDAY, AUGUST 7TH, 2025
(RSVP BY AUG 25TH, 2025) FRIDAY,
OCTOBER 10TH, 2025**

**(RSVP BY OCTOBER 3RD, 2025)
MONDAY, NOVEMBER 17TH, 2025
(RSVP BY NOVEMBER 10TH, 2025)**

**THURSDAY, MARCH 19TH, 2026
(RSVP BY MARCH 12TH, 2026)**



Register for **one session per child** by emailing Rehana at
r.khanam@sunbeamcommunity.ca

(You will need to provide your child's OAP number and proof of two doses of the measles vaccine to register their sibling)

Sunbeam Community & Developmental Services 65
Hanson Ave., Kitchener, ON, N2C 2H6

Offered as part of SDRC's Foundational Family Supports through the OAP