

**Virtual Speaker Series on**  
**Mental Health Services for Children and Youth**  
**in the Community**



**Via Zoom**  
**Tuesday, April 14, 2026**  
**1pm to 2:30pm**

**Register By:**  
**April 10, 2026**

**Speaker from:**  
**Front Door**

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Discover the mental health resources available for children and youth in our community. Our upcoming Speaker Series will guide you through the services offered by different agencies and how to access them.

Register online on our website  
<https://www.sdrc.ca/workshops-and-training/>  
Call 519-741-1121 ext. 2201 or  
email: [r.khanam@sunbeamcommunity.ca](mailto:r.khanam@sunbeamcommunity.ca)