

Sunbeam Presents: Discussing Puberty and Sexuality with Your Child

This workshop will address body and behavioural changes that occur during puberty. We will give you resources and strategies to help you guide your child through this next step in their development and give them the knowledge and skills to keep them safe.

Appropriate for:
Parents and caregivers of children with developmental disabilities.

Register Online at
www.sdrc.ca/workshops-and-training
Call: 519-741-1121 ext 2201 or
email:
r.khanam@sunbeamcommunity.ca

**Virtual
Workshop
by
Denise Burke**

**MONDAY NOV 2, 2026
6:00 – 7:00 PM**

Register online before Oct 30

